

Index of Barefoot Parks in Germany

July 2006

More Information: <http://www.barfusspark.info/en/>

Responsible: Dr. Lorenz Kerscher, Paul-Loebe-Str. 21, D-82377 Penzberg



Baden-Württemberg

1. Creglingen

Region „Hohenlohe“

„**Recreation Area Münsterseen**“ with lake for bathing, water playground, 800 m loop trail with various materials. Free entrance.

Information: Tourist Office Creglingen,
☎ +49 - 7933 - 631

2. Dornstetten-Hallwangen

Northern Black Forest

„**Barefoot Park**“: 2,5 km loop trail with different soil materials, water playground, hydrotherapy stations. Free entrance.

Information: Tourist Office, ☎ +49 - 7443 - 962030

3. Gutach im Schwarzwald

Central Black forest

„**Park with all Senses**“: 2,1 km barefoot trail with different soil materials and stations for various sensory experience. Entrance fee: 4 € children 3 €

Information: Gasthaus zum Löwen,
☎ +49 - 7833 - 96956

4. Muggenbrunn im Schwarzwald

Südlicher Schwarzwald

„**Barefoot Trail**“: 600 m trail with different soil materials, balancing tree and wading through a brook. Entrance fee 1 € free for guests of the village.

Information: Tourist Info Todtnauberg,
☎ +49-7671-969690

5. Ötisheim

Enzkreis

„**Barefoot Trail**“: 1,4 km loop trail in the forest, sections with different soil materials, mud and water, various stations for balancing. Free entrance.

Information: Communal office,
☎ +49-7041 - 950120

6. Tieringen

Swabian Alb

„**Barefoot trail**“: 850 m trail with different materials, passage through mud and a brook.

Information: Communal office, ☎ +49 - 7436 - 366

7. Zell-Weierbach

Oberrhein / Ortenau

„**Barefoot trail**“: 1 km trail with different materials, passage through mud and a brook. Free entrance.

Information: Communal Administration,
☎ +49-781 - 934811

Bayern

8. Mittenwald

Bayerische Alpen

„**Panorama Barefoot Hiking Trail**“: 1,6 km loop trail in exceptional landscape at the upper station of the Kranzberg chair lift. Sections with different soil materials and water, stations for balancing. Free entrance.

Information: Tourist Info Mittenwald,
☎ +49-8823 - 33981

9. Hausen near Würzburg

Franconia

„**Barefoot Trail**“ at the Highway A7, exit Gramschatz, 3 km loop trail with foot sensation stations.

Information: Service area Gramschatzer Wald,
☎ +49 - 9367 - 984361

10. Penzberg

Southern Bavaria

„**Barefoot Experience Trail**“: 1,2 km through forest and meadows with sensation and balancing stations.

Information: Lorenz Kerscher, ☎ +49 - 8856 - 8921

11. Stamsried

Oberpfalz

„**Barefoot Trail**“: 600 m loop trail with 15 sensation and balancing stations.

Information: Tourist Office Stamsried,
☎ +49 - 9466 - 940121

12. Windelsbach*Mittelfranken*

Barefoot and Natural Experience Trail: 1,5 km loop trail with different soil materials, mud basin, balancing tree. Free Entrance.

Information: Communal office Windelsbach,
☎ +49-9867 - 443

Hessen**13. Bad Endbach***Lahn-Dill Mountains*

„Kneipp Barefoot Trail“: 550 m trail on different soil materials, mud basin and hydrotherapy stations.

Information: Spa administration, ☎ +49 - 2776 - 801-13

14. Bad Orb*Spessart*

„Barefoot Trail“: 4,5 km loop trail with different soil materials, water wading and balancing stations. Free entrance.

Information: Guest Service, ☎ +49-6052 / 8383

15. Bad Schwalbach*Taunus*

Kneipp Barefoot Trail: 750 m trail through the spa gardens with different soil materials, mud basin and water wading. Free entrance.

Information: Town Administration, ☎ +49-6124 - 5000

16. Hofbieber*Hessische Rhön*

„Barefoot Experience Trail“: 1 km loop trail, different soil materials, water wading. Free entrance.

Information: Tourist-Information,
☎ +49-6657 / 987-31

Niedersachsen**17. Bad Bodenteich***Lüneburger Heide*

„Water Barefoot Trail“: 400 m trail with two crossings of the rivulet and presentations about medieval healthcare.

Information: Spa administration, ☎ +49 - 5824 - 3543

18. Staufenberg-Nienhagen*Kaufunger Wald*

„Barefoot Trail“: 2,5 km loop trail through lovely forest and meadows with sensation and experience stations and wading through a brook.

Information: Naturpark Münden e.V.,
☎ +49 - 5544 - 9513-12

Nordrhein-Westfalen**19. Bad Wünnenberg***Eastern Sauerland*

„Adventure Barefoot Trail“: 1 km loop trail with different soil materials, mud basin and crossing the brook.

Information: Spa administration, ☎ +49 - 2953 - 7430

20. Havixbeck-Tilbeck*Muensterland*

„Barefoot Course“: 1,5 km loop trail through forest and meadows with sensation stations and mud basin.

Information: Stift Tilbeck, ☎ +49 - 2507-981-0

21. Lienen*Teutoburger Wald*

„Barefoot Park“: 2,5 km loop trail on different soil materials with wading in the brook and hydrotherapy basin.

Information: Tourist Office,
☎ +49 - 5483 - 72 40 10

Rheinland-Pfalz**22. Bad Sobernheim***River Nahe*

„Barefoot Trail“: 3,5 km loop trail with sensation stations, mud basin, ford through the river, suspension bridge. Entrance fee: adults. 2.50 € children 1.50 €

Information: Tourist Office, ☎ +49 - 6751 - 81 241

23. Hillesheim*Vulkaneifel*

„**Barefoot Trail**“: 1,5 km trail with different soil materials. Free entrance.

Information: Tourism Society, ☎ +49-6593/809200

24. Kell am See / Schillingen*Hunsrück*

„**Barefoot Trail**“: 1,7 km loop trail with sensation, balancing and hydrotherapy stations.

Information: Tourist Office, ☎ +49 - 6589 – 1044

25. Ludwigswinkel*Pfälzer Wald*

„**Barefoot Trail**“: 1,6 km loop trail with sensation and balancing stations and wading through the brook with different ground materials. Entrance fee: adults. 1.50 € children 1.00 €

Information: Cultural Society Ludwigswinkel, ☎ +49 - 6393 - 498

26. Thalfang*Hunsrück*

„**Barefoot Trail**“: 800 m trail from the Spa Gardens to the hydrotherapy station with different materials, balancing stations and wading through the brook. Free entrance.

Information: Commune of Thalfang, ☎ +49-6504 - 2313

Saarland**27. Freisen-Oberkirchen**

„**Barefoot Trail**“: 1,6 km loop trail through forest and meadows with different soil materials and wading through the brook. Free entrance.

Information: Municipal Administration Freisen, ☎ +49 - 6855 - 9755

28. Losheim-Waldhölzbach

„**Barefoot Trail**“: 1,7 km trail over grass, wooden base, different soil materials and through a brook.

Information: Tourist Office, ☎ +49 - 6872 - 1616

Sachsen**29. Mittelherwigsdorf***Oberlausitz*

The „**Barefoot Trail**“ is a loop comprising 14 sensation and experience stations and wading through the river Mandau.

Information: Municipal Administration Mittelherwigsdorf, ☎ +49 - 3583 – 50130

Thüringen**30. Alterstedt***Hainich Mountains*

„**Barefoot Trail**“: 3,9 km trail on meadows, the core loop of 1 km consists of various soil materials.

Information: Municipal Administration Schönstedt, ☎ +49 - 36022 - 94230

31. Frankenheim*Rhön*

„**Barefoot Panorama Trail**“: 2,9 km loop trail with different soil materials. water wading and good view of the landscape. Free entrance.

Information: Communal Administration Hohe Rhön, ☎ +49-36946 -- 31610

32. Lohmühlenmuseum bei Tambach-Dietharz*Thüringer Wald*

„**Barefoot Park**“ in the surroundings of a mill museum: 500 m loop trail on lawn and various soil materials, wading through mud and water.

Information: Lohmühlen Museum, ☎ +49 - 36252 - 46000